



## FEATURED SPEAKER

### COLONEL JACK MOSHER

#### Chief of Staff Maine National Guard

Colonel Jack Mosher serves as the Chief of Staff of the Maine National Guard. His service includes command and operations staff assignments at the platoon, company, battery, battalion,

brigade, Joint Force Headquarters and Combined Joint Task Force levels.

Colonel Mosher is a graduate of the University of Maine ROTC program, Infantry Basic and Advanced Courses, the Combined Arms Staff Services School, the Command and General Staff College (Pershing Award Recipient), the Joint Combined Warfighting School (Commandant's Award Recipient), Joint Task Force Commander's Course, Contingency Dual Status JTF Commander' Course and the United States Army War College. He is Airborne, Ranger, Air Assault, Mountain Warfare and Nuclear Target Analysis qualified, while holding Masters Degrees in both Educational Leadership and International Strategic Studies. He has served on numerous Joint Planning Groups and Advisory Councils including the National Chairman of the Plans, Operations, Readiness, Training Advisory Council.

Throughout his twenty two years as a leader in the Maine National Guard, Colonel Mosher has served as a national advocate for veterans' wellness programming using ultra marathon running as a metaphor for Resiliency. In 2009, he founded the OneLife Warrior Campaign and annual Resiliency Run to elevate the national conscience on issues relating to Health Awareness and Risk Reduction in the lives of America's service members, families and citizens.

In May 2011, Colonel Mosher's OneLife Warrior Team completed 21 marathons running around the clock for five days on the Washington, DC Capitol Mall to continue to raise awareness on issues related to Behavioral Health Treatment in veterans' populations.



With financial support from:



of the Tri-Valley Area



# Bringing Worlds Together

**A FREE Conference for Military Veterans,  
Family/Community Members &  
Service Providers**

**Saturday, September 21st  
University of Maine, Farmington  
Olsen Center**

**9:00am—4:30pm**

**For more information or to register:**

**Contact Jerry DeWitt at:  
207.783.4663 x 228**

**email: [jdewitt@tcmhs.org](mailto:jdewitt@tcmhs.org)**

**Or visit: [www.tcmhs.org](http://www.tcmhs.org)**

## Conference Schedule



9am–Registration & Breakfast  
Olsen Student Center

9:30am-9:40am  
Opening Remarks  
State of Maine's First Lady,  
MRS. ANN LEPAGE

9:40-10:15am  
Lincoln Auditorium  
Keynote Speaker:  
CINDY WILLIAMS LICSW, CDP

10:30am–11:45am  
Morning Breakout Sessions  
Roberts Learning Center

12noon–12:45pm  
Lunch, North Dining Hall  
Olsen Student Center

1pm–2pm  
Lincoln Auditorium  
Featured Speaker:  
COLONEL JACK MOSHER,  
Chief of Staff Maine National Guard

2:15pm–3:30pm  
Afternoon Breakout Sessions  
Roberts Learning Center

3:45pm–4:30pm  
Closing Session:  
Panel Discussion & Feedback  
Lincoln Auditorium

## Breakout Sessions



Please choose two classes. One for the morning session and one for the afternoon session.



### SESSION TITLES AND ROOM NUMBERS

**101 Veteran Provider Panel - Confidentiality, Communication, and Collaboration**

Eric Esty (FAC.) and Jasmine Savio, Vet Center; Melissa Tremblay, TCMHS Clinical Director; Wendy Thomas-Blais, Lewiston VA CBOC; Joleen Lilley, LCSW, VA Maine OEF/OIF.

**103 Resiliency, Suicide, and Substance Abuse Prevention** Greg Marley, Director of NAMI; Col. Mosher and MSG Roger Brawn, MEARNG.

**105 Serving Older Veterans Panel** LaRhonda Harris, VA (FAC.); Maine Veterans Homes; VHA, VBA; Androscoggin Health and Hospice; Beacon Hospice.

**107 Veterans Interaction with Law Enforcement** Laurie Cyr-Martel, LCPC TCMHS and Deputy Chief Jim Minkowsky, Lewiston PD

**201 Veterans and Family Benefits** Jerry Smith, Maine Veterans Services and the VBA from Togus.

**203 MST, Culture, Advocacy and Reform** Terry Moore, Women Vets USA; Cpt. Jasmine Cain, MEARNG; Jim Pineau, Cong. Shelly Pingree's Office; Ruth Moore, Veteran; Cara Courchesne, Maine Coalition Against Sexual Assault.

**205 Legal Issues for Veterans and Families** Ellen McGuire, (FAC.); Dan Dube, Pine Tree Legal (VISTA); T.J. Wheeler, Maine Pre-Trial Services and Veterans Court; Jean Curtis, Veterans Advocate (VISTA).

**207 Navigating Alternative & Holistic Treatment Options** Jill Crowell, Beacon Hospice; Chad O'Brien, Maine Adaptive Pet Therapist; Kary Laban, LCPC, LADC, Farmington/VA; Roni & Elecia Pillsbury; Joanne McMahon, CDR, NC USN (ret) co-chair Veterans No Boundaries.

**305 Veteran Families and Children Panel** Ernie Gurney, (FAC.); Steve Hughes, MEARNG Family Program; Kelly & Christopher Henry, Family Support Group; Joel Lavenson, National Veterans Family Center



### KEYNOTE SPEAKER

**CINDY WILLIAMS LICSW, CDP**  
VISN 1 Lead Women's Veterans and Operation Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn (OEF/OIF/OND) Program Manager

Cindy Williams LICSW, CDP was appointed as the Veterans Integrated Service Network (VISN 1) Lead Women Veterans Program Manager effective December 2010. In her combined positions of VISN 1 Lead Women Veterans and OEF/OIF/OND Program Manager, Ms. Williams provides leadership in establishing, coordinating, and integrating accessible quality healthcare services for Women Veterans, Returning Combat Service Members, and OEF/OIF/OND Veterans, within multiple VA healthcare delivery systems throughout New England and with other VA Networks.

Ms. Williams began her VA career in 1994 as a Clinical Social Worker in the Mental Health Behavioral Science Services department, with a specialization in the treatment of Addictions. She previously worked at Butler Hospital as a Clinical Social Worker, and at several Community Based Mental Health Centers in Rhode Island as a Case Manager.

She received her Bachelor of Sociology degree and Masters of Social Work degree both from Rhode Island College. She holds a Certification as a Chemical Dependency Professional (CDP) by the RI Board of Chemical Dependency Professionals. She was named Social Worker of the Year by Providence VA Medical Center in 1997 and by the RI-Chapter of the National Association of Social Workers in 2004, and was named the 2010 Sociology Honor Roll Recipient by Rhode Island College.

Limited travel and expense reimbursement is available for Veterans attending the conference through the Justin Crowley-Smilek Scholarship Fund. Please contact Doug Rawlings, Maine Veterans for Peace, at 207-778-7292 or rawlings@maine.edu.