



News Release

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Program for At-Risk Youth is Expanding in Maine!

The nation's most effective treatment for at-risk adolescents is expanding and adding a specialized treatment program for youth with problem sexual behaviors. Tri-County Mental Health Services has offered Multisystemic Therapy (MST) for five years and had great success working with youth at risk of removal from the home or incarceration. Currently three MST teams serve Androscoggin, Oxford, Cumberland and York Counties. The agency is adding specialized training in problem sexual behaviors (MST-PSB) and will begin enrolling families in October. MST is the #1 rated evidence-based practice in the nation for at-risk youth.

The agency will host information sessions for the community, including providers, school officials, and law enforcement, from 9am to 12noon, in three regions:

Wednesday, October 13
Good Shephard Food Bank
3121 Hotel Road, Auburn

Thursday, October 14
South Paris Fire Department
137 Western Avenue

Friday, October 15
City Hall, Saco, Maine
300 Main Street

To register, call Thelma Gurschick at 783-9141 x 375 by September 30. For more information about the program, contact Pat Proulx-Lough at 783-4663 x 265 or Betsy McGettigan at 743-0171x 406.

Tri-County Mental Health Services is one of Maine's most respected and progressive agencies dealing with the psychological and social well-being of children, adults, and elders. TCMHS serves more than 10,000 individuals each year in Androscoggin, Cumberland, Franklin and Oxford counties and beyond with innovative programs and services addressing mental health, substance abuse, mental retardation/ developmental disabilities, autism, and more. The agency is a state, regional and national leader in trauma-informed and recovery-based service delivery, and strives to offer hope to individuals, families, and communities. Visit www.tcmhs.org for more information.