



TRI-COUNTY MENTAL HEALTH SERVICES

We offer hope

Referral Line: 1-888-304-HOPE (4673)
Statewide Crisis Services: 1-888-568-1112
TTY: 1-888-568-1112
MAIL TO: P.O. Box 2008
Lewiston, ME 04241-2008
www.tcmhs.org

ADMINISTRATION/ OUTPATIENT LEWISTON

1155 Lisbon Street
Lewiston, ME 04240
Main Number 783.9141
Toll Free: 1.800.787.1155

EMERGENCY & COMMUNITY BASED SERVICES

230 Bartlett Street
Lewiston, ME 04240
Main Number 783.4695
Toll Free: 1.800.550.3427

SOCIAL LEARNING CENTER

80 Strawberry Ave
Lewiston, ME 04240
Main Number 783.4672
Toll Free: 1.877.208.6134

COMMUNITY HOUSING

244 Lisbon Road
Lisbon, ME 04250
Main Number 353.4100
Toll Free: 1.877.200.9076

BRIDGTON

32 No. High Street
Bridgton, ME 04009
Main Number 647.5629
Toll Free: 1.800.286.5629

FARMINGTON

144 High Street, Ste 1
Farmington, ME 04938
Main Number 778.3556
Toll Free: 1.800.559.3556

OXFORD HILLS

143 Pottle Road
Oxford, ME 04270
Main Number 743.7911
Toll Free: 1.800.750.7911

RUMFORD

49 Congress Street
Rumford, ME 04276
Main Number 364.7981
Toll Free: 1.800.371.7981

WINDHAM

744 Roosevelt Trail
No. Windham, ME 04062
Main Number 892.4623

FAST FACTS ABOUT TRI-COUNTY MENTAL HEALTH SERVICES

Our Vision: Our communities will be healthier as a result of our presence, leadership and collaborative working relationships. Stigma related to mental illness, substance abuse and intellectual disabilities will be reduced and the pervasive nature of violence and the resulting trauma in our communities will be addressed.

Our Mission and Guiding Principles: Tri-County Mental Health Services is committed to providing hope and recovery to the people of Maine. We will deliver state of the art mental health, substance abuse, habilitation, and life skills services that are trauma-informed, recovery-based and integrated. We will secure our ability to provide such services through maintaining financial stability.

Guiding Principles:

We prioritize services to persons with the most severe and chronic disabilities

We provide services that are individualized, consumer driven and strengths-based

We include consumers in the planning and review of agency services, peer employment and board directorship

We coordinate and integrate service delivery inter and intra agency

We seek to develop and sustain collaborative partnerships and strategic alliances

We will decrease stigma, increase community awareness and inclusion

We will provide trauma-informed, recovery-based services that are culturally and linguistically competent

We value diversity among our staff and consumers

We encourage professional growth and development of staff

We foster staff commitment and satisfaction

We will meet financial obligations and provide for future growth

We will continue to be responsible financial stewards of community resources; and will achieve more diversified funding sources

OUR PEOPLE

We employ more around 500 people, mostly from Androscoggin, Cumberland, Oxford, and Franklin Counties.

Our medical staff includes psychiatrists, and nursing staff that includes nurse practitioners, advanced practice registered nurses, bachelors degree nurses, and associate degree nurses.

Professional staff includes a variety of licensed, certified, and other qualified professionals, ranging from doctoral level to entry level.

OUR LEGACY

Founded in 1951, Tri-County Mental Health Services was the first community mental health center in Maine, and continues to be a leader in advancing best practices in programming and operational efficiencies.

We are a not-for-profit, 501(c)3 organization governed by a volunteer Board of Directors composed of people who live in the communities we serve.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well being of children, adults, and elders.

