

We offer hope.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders. We serve nearly 11,000 individuals each year with innovative programs and services addressing mental health, substance abuse, Intellectual disabilities, autism, and more. Our philosophy of building toward recovery and sensitivity to traumatic experiences of consumers gives hope to individuals, families, and communities in Androscoggin, Cumberland, Franklin, and Oxford counties.

Androscoggin County
 1155 Lisbon St. • PO Box 2008
 Lewiston, ME 04241-2008
 1-800-787-1155/(207)783-9141

Social Learning Center
 80 Strawberry Ave • Lewiston, ME 04240
 1-877-208-6134/(207)783-4672

Crisis Services
 230 Bartlett St. • Lewiston, ME 04240
 Business line: (207)783-4695
 24 Hour Emergency: (207)783-4680

Franklin County
 144 High St., Suite 1 • Farmington, ME 04938
 1-800-559-3556/(207)778-3556

Cumberland County
 32 No. High St./PO Box 170 • Bridgton, ME 04009
 1-800-286-5629/(207)647-5629

744 Roosevelt Trail • No. Windham, ME 04062
 (207)892-4623

Oxford County
 143 Pottle Rd. • Oxford, ME 04270
 1-800-750-7911/(207)743-7911

49 Congress St. • Rumford, ME 04276
 1-800-371-7981/(207)364-7981

7/25/12

Our Mission:

Tri-County Mental Health Services is committed to providing hope and recovery to the people of Maine. We will deliver state of the art mental health, substance abuse, habilitation, and life skills services that are trauma-informed, recovery-based and integrated. We will secure our ability to provide such services through maintaining financial stability.

www.tcmhs.org



Children's Case Management Services

Meeting the needs of children and families through:

*Assessment
 Coordination
 Networking
 Advocacy
 Linkage
 Crisis Planning
 Behavior Planning*

Referral Line, all Locations
 1.888.304.HOPE(4673)

Statewide 24-hour Emergency Services
 1.888.568.1112 (toll free & TTY)



TCMHS is an EOE and receives funding from:
 Department of Health & Human Services

Our Philosophy

Children's Case Management works to creatively find and connect children and families with needed resources and helps families navigate the often-confusing system.

Who We Serve

Children and families who live in Androscoggin, Franklin, Oxford, Sagadahoc and Northern Cumberland Counties.

How It Works

The Case Manager works directly with the family to help pinpoint what will work best for that child and family, and then helps connect them to the **RIGHT** resource at the **RIGHT** time. Meetings can take place in the home, school, or other local site.

Services

Assessment:

We look at each child and family's strengths, needs, level of risk, health status, and past experience with services. The assessment includes interviews with both the child and family.

Coordination & Networking:

Child and family teams are developed to help share information and coordinate services. Team members are identified by the family and may include relatives, teachers, counselors, or other individuals.

Advocacy:

Case Managers work to advocate for and support the interest of the child with schools, and other service providers.

Linkage:

The Case Manager helps families find community services and resources such as respite care, recreation opportunities, mentoring programs and one-to-one in-home supports.

Crisis Planning:

Being prepared for crisis with a clear action plan can provide peace of mind, and help to ensure safety. The plan includes preventing unsafe situations and clear instructions to help when unsafe behavior occurs.

Behavior Plans:

Working collaboratively with the family and other providers, we help create behavior plans for use in the home and community.

How to Contact Us

Referrals or Inquiries:

1.888.304.HOPE(4673)

Ask for Client Services

Hours of Operation:

Our offices are open from 8am-5pm, Monday through Friday. Appointments are scheduled with consideration of the child and family needs. Time and location are flexible.

Fees:

Assessment and Case Management fees are payable by MaineCare and Katie Beckett.

Other Tri-County Mental Health Services for Children and Families

- Child Outpatient (including Evidence Based Practices such as Infant Mental Health, Child Parent Psychotherapy, and Trauma-Focused Cognitive Behavioral Therapy).
- Multi-Systemic Treatment
- Children's Crisis
- Adolescent Substance Abuse