



News Release

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For immediate release....September 17, 2012

Tri-County Expands Services in No. Windham
Asperger's Group for Adolescents Starts in October

LEWISTON/NO.WINDHAM, ME: Tri-County Mental Health Services is pleased to announce expanded counseling, case management, and substance abuse treatment services in its North Windham location.

Case Management is now available for adults *and* children/families in the region. Case Managers help people find and coordinate services in the community and assist with advocacy and planning to promote well-being and independence.

Mental health counseling services for adults and children and substance abuse/co-occurring treatment services have also been expanded in the region. Treatment services are provided by licensed clinical staff and are trauma-informed and outcomes oriented.

In addition, TCMHS is offering a Social Skills Group for adolescents (14-16) living with Aspergers beginning on October 3. Offices are located at 744 Roosevelt Trail, Suite 303 (Corner of 302 and 35 across from Walgreens).

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders. TCMHS serves over 8,000 individuals each year with innovative programs and services addressing mental health, substance abuse, intellectual disabilities, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences gives hope to individuals, families, and communities in Androscoggin, Cumberland, Franklin and Oxford counties. For information and referrals, call 1-888-304-HOPE (4673). Visit TCMHS at www.tcmhs.org.

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