



TRI-COUNTY MENTAL HEALTH SERVICES

We offer hope

Referral Line: 1-888-304-HOPE (4673)
Statewide Crisis Services: 1-888-568-1112
TTY: 1-888-568-1112
MAIL TO: P.O. Box 2008
Lewiston, ME 04241-2008
www.tcmhs.org

ADMINISTRATION/HOUSING OUTPATIENT LEWISTON

1155 Lisbon Street
Lewiston, ME 04240
Main Number 783.9141
Toll Free: 1.800.787.1155

EMERGENCY & COMMUNITY BASED SERVICES

230 Bartlett Street
Lewiston, ME 04240
Main Number 783.4695
Toll Free: 1.800.550.3427

SOCIAL LEARNING CENTER

80 Strawberry Ave
Lewiston, ME 04240
Main Number 783.4672
Toll Free: 1.877.208.6134

BRIDGTON

32 No. High Street
Bridgton, ME 04009
Main Number 647.5629
Toll Free: 1.800.286.5629

FARMINGTON

144 High Street, Ste 1
Farmington, ME 04938
Main Number 778.3556
Toll Free: 1.800.559.3556

OXFORD HILLS

143 Pottle Road
Oxford, ME 04270
Main Number 743.7911
Toll Free: 1.800.750.7911

RUMFORD

49 Congress Street
Rumford, ME 04276
Main Number 364.7981
Toll Free: 1.800.371.7981

WINDHAM

744 Roosevelt Trail
No. Windham, ME 04062
Main Number 892.4623

News Release

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Paul Tringali

TCMHS Welcomes Tringali to Board

LEWISTON, ME: Tri-County Mental Health Services is pleased to welcome Windham resident Paul V. Tringali, CPCU, CIC to its Board of Directors.

Tringali has worked in the commercial insurance field for 45 years, serving many businesses and organizations including public entities, non-profit organizations, technology, financial institutions and construction firms. He is currently a Senior Account Executive with Clark Insurance in Portland. He has been an active volunteer with many community organizations, including Wayside Soup Kitchen, as a board member for Windham Center Stage Theater and Windham Community Garden, and has been an Ambassador for the Androscoggin Chamber of Commerce.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders. TCMHS serves about 10,000 individuals each year with innovative programs and services addressing mental health, substance abuse, intellectual disabilities, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences gives hope to individuals, families, and communities in Androscoggin, Cumberland, Franklin and Oxford counties. For more information, visit www.tcmhs.org.



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