



News Release

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July 26, 2013

New Program Offers Case Management for Children with Complex Medical Needs

BRIDGTON, FARMINGTON, LEWISTON, OXFORD, RUMFORD, WINDHAM, ME:
Tri-County Mental Health Services (TCMHS) announces its new program, Medical Targeted Case Management for children with complex medical conditions. Available at all TCMHS locations (Lewiston, Windham, Bridgton, Oxford, Rumford, and Farmington), the program guides families and bridges the gaps in their child's health care.

The medical world can be complicated and confusing, and families often need assistance in finding their way through the maze of services available to support them. Any child from 0-21 who has a birth defect, a serious and chronic illness, has difficulty walking, talking and understanding, or is at risk of damage to the central nervous system or later physical development delay is eligible for case management services. Case Managers will provide personalized care and meet with children and their families to conduct a needs assessment and connect them to vital services in their communities. They will assist in navigating and advocating within the health care and school system and keeping the child's care team in communication. Case managers will also connect children to other services such as respite care and home health as well as connect parents and family to support services such as financial and emotional assistance.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders. TCMHS serves about 10,000 individuals each year with innovative programs and services addressing mental health, substance abuse, intellectual disabilities, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences gives hope to individuals, families, and communities in Androscoggin, Cumberland, Franklin and Oxford counties. For more information, visit www.tcmhs.org. or call 1-888-304-HOPE(4673).

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