



News Release

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Tri-County Mental Health Welcomes New Director of Operations



LEWISTON – Tri-County Mental Health Services has appointed Jan Semba to the position of Director of Operations.

For the past fourteen years, Semba’s professional focus has been on building a practice in human performance development and delivering successful value added outcomes for clients. His work has included facilitating organizational development and executive coaching projects and initiatives in governance, succession planning, change management, and leadership development. He also recently completed a brief tenure as chief operating officer of a Portland consulting engineering firm.

“We are very excited to have Jan, someone with such a breadth of experience and skills join our executive team here at TCMHS” said Catherine Ryder, Executive Director of Tri-County Mental Health Services.

Tri-County Mental Health Services is Maine’s most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders, serving about 10,000 individuals each year. The agency offers innovative programs and services addressing mental health, substance abuse, intellectual disabilities, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences gives hope to individuals, families, and TCMHS communities. Despite its name, TCMHS reaches far beyond its traditional service area (Androscoggin, Franklin and Oxford) with services in Cumberland and York Counties and beyond. For more information, visit www.tcmhs.org.

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