

## News Release

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### Become an Inspired Sponsor *The 7<sup>th</sup> Annual Inspired Voices Benefit is June 23*

Planning is well underway for the 7th Annual Presentation of **Inspired Voices**, on **Saturday June 23<sup>rd</sup>** at the Franco-American Heritage Center in Lewiston. Inspired Voices features music, poetry, dance, and art from people who have received services at Tri-County Mental Health Services, alongside the Inspired Ensemble of professional musicians and performers. Since it began seven years ago the event has helped many people toward recovery and broken down misconceptions and stigma about mental health. This is the event featured in the powerful documentary film "The Rehearsal" by filmmaker Craig Saddlemire, winner of the "Best Maine Film" Award in the 2011 L/A Film Festival.

Each year it features some returning performers as well as some new friends taking the stage on their journey to hope and healing. Music Director **Nick Place** and Director **Catherine Ryder** are back for the 7<sup>th</sup> year, and we'll be announcing our extra special **Emcee** very soon!

This year's performance will incorporate incorporating some patriotic flavor, in keeping with Tri-County's outreach and program enhancements for veterans and family members. **For sponsorship information, visit [www.tcmhs.org](http://www.tcmhs.org) or call Tina Clark at 783-9141 x 158.**

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders, serving more than 11,000 people each year. This year the agency marks its 60<sup>th</sup> year of providing innovative programs and services addressing mental health, substance abuse, intellectual disabilities, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences of consumers gives hope to individuals, families, and communities in Androscoggin, Northern Cumberland, Franklin, Oxford and York counties.

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