



# TRI-COUNTY MENTAL HEALTH SERVICES

*We offer hope*

Referral Line: 1-888-304-HOPE (4673)  
Statewide Crisis Services: 1-888-568-1112  
TTY: 1-888-568-1112  
MAIL TO: P.O. Box 2008  
Lewiston, ME 04241-2008  
[www.tcmhs.org](http://www.tcmhs.org)

## ADMINISTRATION/ OUTPATIENT LEWISTON

1155 Lisbon Street  
Lewiston, ME 04240  
Main Number 783.9141  
Toll Free: 1.800.787.1155

## EMERGENCY & COMMUNITY BASED SERVICES

230 Bartlett Street  
Lewiston, ME 04240  
Main Number 783.4695  
Toll Free: 1.800.550.3427

## SOCIAL LEARNING CENTER

80 Strawberry Ave  
Lewiston, ME 04240  
Main Number 783.4672  
Toll Free: 1.877.208.6134

## COMMUNITY HOUSING

244 Lisbon Road  
Lisbon, ME 04250  
Main Number 353.4100  
Toll Free: 1.877.200.9076

## BRIDGTON

32 No. High Street  
Bridgton, ME 04009  
Main Number 647.5629  
Toll Free: 1.800.286.5629

## FARMINGTON

144 High Street, Ste 1  
Farmington, ME 04938  
Main Number 778.3556  
Toll Free: 1.800.559.3556

## OXFORD HILLS

143 Pottle Road  
Oxford, ME 04270  
Main Number 743.7911  
Toll Free: 1.800.750.7911

## RUMFORD

49 Congress Street  
Rumford, ME 04276  
Main Number 364.7981  
Toll Free: 1.800.371.7981

## WINDHAM

744 Roosevelt Trail  
No. Windham, ME 04062  
Main Number 892.4623

## News Release

Contact: Tina Clark, APR  
207-783-4663 x 158 or 207-468-4766 (cell)

### **Integrated Primary Care Celebrated**

Three years ago Tri-County Mental Health Services and our partners at Central Maine Healthcare launched a project aimed at changing the way people in Western Maine receive care. The innovative project was funded by the Maine Health Access Foundation, and brought behavioral health providers into the doctor's offices at Swift River Family Medicine, Elsmore Dixfield Family Medicine, and River Valley Internal Medicine. Since then, hundreds of people have experienced the benefits of more holistic treatment.

We're pleased to say the model we created has proven to be sustainable and integration continues even though the initial grant has ended. Guy Cousins, Director of the DHHS Office of Adult Mental health and Office of Substance Abuse, joined us for a celebration on January 18. "This project is a beacon for the future," he said. Becky Boober, Grant Administrator from the Maine Health Access Foundation which funded the project, noted that the model is unique, possibly in the nation. "This project represents the healthcare of the future," she said.

Our Integrated Primary Care work continues in five medical practices in the Bridgton region, and we're actively consulting with other community mental health providers to spread this treatment model to other regions.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders, serving more than 11,000 people each year. This year the agency marks its 60<sup>th</sup> year of providing innovative programs and services addressing mental health, substance abuse, mental retardation/developmental disabilities, autism, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences of consumers gives hope to individuals, families, and communities in Androscoggin, Northern Cumberland, Franklin, Oxford and York counties.

For more information, visit [www.tcmhs.org](http://www.tcmhs.org) or call 1-888-304-HOPE(4673).

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