



TRI-COUNTY MENTAL HEALTH SERVICES

We offer hope

Referral Line: 1-888-304-HOPE (4673)
Statewide Crisis Services: 1-888-568-1112
TTY: 1-888-568-1112
MAIL TO: P.O. Box 2008
Lewiston, ME 04241-2008
www.tcmhs.org

ADMINISTRATION/ OUTPATIENT LEWISTON

1155 Lisbon Street
Lewiston, ME 04240
Main Number 783.9141
Toll Free: 1.800.787.1155

EMERGENCY & COMMUNITY BASED SERVICES

230 Bartlett Street
Lewiston, ME 04240
Main Number 783.4695
Toll Free: 1.800.550.3427

SOCIAL LEARNING CENTER

80 Strawberry Ave
Lewiston, ME 04240
Main Number 783.4672
Toll Free: 1.877.208.6134

COMMUNITY HOUSING

244 Lisbon Road
Lisbon, ME 04250
Main Number 353.4100
Toll Free: 1.877.200.9076

BRIDGTON

32 No. High Street
Bridgton, ME 04009
Main Number 647.5629
Toll Free: 1.800.286.5629

FARMINGTON

144 High Street, Ste 1
Farmington, ME 04938
Main Number 778.3556
Toll Free: 1.800.559.3556

OXFORD HILLS

143 Pottle Road
Oxford, ME 04270
Main Number 743.7911
Toll Free: 1.800.750.7911

RUMFORD

49 Congress Street
Rumford, ME 04276
Main Number 364.7981
Toll Free: 1.800.371.7981

WINDHAM

744 Roosevelt Trail
No. Windham, ME 04062
Main Number 892.4623

News Release

Contact: Tina Clark, APR
207-783-4663 x 158 or 207-468-4766 (cell)

Integrated Primary Care Celebrated

Three years ago Tri-County Mental Health Services and our partners at Central Maine Healthcare launched a project aimed at changing the way people in Western Maine receive care. The innovative project was funded by the Maine Health Access Foundation, and brought behavioral health providers into the doctor's offices at Swift River Family Medicine, Elsmore Dixfield Family Medicine, and River Valley Internal Medicine. Since then, hundreds of people have experienced the benefits of more holistic treatment.

We're pleased to say the model we created has proven to be sustainable and integration continues even though the initial grant has ended. Guy Cousins, Director of the DHHS Office of Adult Mental health and Office of Substance Abuse, joined us for a celebration on January 18. "This project is a beacon for the future," he said. Becky Boober, Grant Administrator from the Maine Health Access Foundation which funded the project, noted that the model is unique, possibly in the nation. "This project represents the healthcare of the future," she said.

Our Integrated Primary Care work continues in five medical practices in the Bridgton region, and we're actively consulting with other community mental health providers to spread this treatment model to other regions.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders, serving more than 11,000 people each year. This year the agency marks its 60th year of providing innovative programs and services addressing mental health, substance abuse, mental retardation/developmental disabilities, autism, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences of consumers gives hope to individuals, families, and communities in Androscoggin, Northern Cumberland, Franklin, Oxford and York counties.

For more information, visit www.tcmhs.org or call 1-888-304-HOPE(4673).

###

