



# TRI-COUNTY MENTAL HEALTH SERVICES

*We offer hope*

Referral Line: 1-888-304-HOPE (4673)  
Statewide Crisis Services: 1-888-568-1112  
TTY: 1-888-568-1112  
MAIL TO: P.O. Box 2008  
Lewiston, ME 04241-2008  
[www.tcmhs.org](http://www.tcmhs.org)

## ADMINISTRATION/ OUTPATIENT LEWISTON

1155 Lisbon Street  
Lewiston, ME 04240  
Main Number 783.9141  
Toll Free: 1.800.787.1155

## EMERGENCY & COMMUNITY BASED SERVICES

230 Bartlett Street  
Lewiston, ME 04240  
Main Number 783.4695  
Toll Free: 1.800.550.3427

## SOCIAL LEARNING CENTER

80 Strawberry Ave  
Lewiston, ME 04240  
Main Number 783.4672  
Toll Free: 1.877.208.6134

## COMMUNITY HOUSING

244 Lisbon Road  
Lisbon, ME 04250  
Main Number 353.4100  
Toll Free: 1.877.200.9076

## BRIDGTON

32 No. High Street  
Bridgton, ME 04009  
Main Number 647.5629  
Toll Free: 1.800.286.5629

## FARMINGTON

144 High Street, Ste 1  
Farmington, ME 04938  
Main Number 778.3556  
Toll Free: 1.800.559.3556

## OXFORD HILLS

143 Pottle Road  
Oxford, ME 04270  
Main Number 743.7911  
Toll Free: 1.800.750.7911

## RUMFORD

49 Congress Street  
Rumford, ME 04276  
Main Number 364.7981  
Toll Free: 1.800.371.7981

## WINDHAM

744 Roosevelt Trail  
No. Windham, ME 04062  
Main Number 892.4623

## News Release

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## Award Winners to be Announced at TCMHS Annual Meeting

### ANDROSCOGGIN/FRANKLIN/OXFORD/CUMBERLAND COUNTIES, ME:

On Tuesday, October 20, Tri-County Mental Health Services will present two awards to individuals or organizations for extraordinary efforts to preserve and promote mental health. The Giving Voice Award is for a community member or organization. Nominees are: Christina Cesare, LCSW, Evergreen Behavioral Services, Andrew Harris, Executive Director of L/A Arts, James E. Howard, Maine Department of Labor, Sexual Assault Crisis Center, and Sandie Worthington, Children's Behavioral Health Services, DHHS.

The Inspiration Award will be presented to a TCMHS employee for excellence and extraordinary commitment. Nominees are: Kathy Baker, MHRT-CSP, Crisis Worker, Kimberly Gooch, LCSW, Child & Family Services, Owen Buck, MD, Staff Psychiatrist, and Penny Douphinett, LCSW, Adult Community Based Services.

The awards will be presented as part of the agency's Annual Meeting at the Hilton Garden Inn in Auburn. The keynote Speaker will **be Elsie Freeman MD, MPH, Medical Director for the Maine Department of Human Services**, who will discuss the issue of health care disparities for people with severe mental illness. Dr. Freeman has done numerous presentations, within Maine and at SAMHSA and CDC-Sponsored national meetings, on the morbidity and premature mortality from chronic medical conditions, and on the relationship of mental illness to health risk and chronic disease in the general population. Tri-County is involved with a number of projects to integrate mental health and primary health care to address this issue. There will also be a social hour and silent auction from 6pm – 7pm, with dinner and presentations beginning at 7pm. The evening will also feature live music, dinner, and updates about the latest work at the agency. Tickets to the Annual Meeting are \$30 per person. Please call 783-9141 x 104 to register or visit [www.tcmhs.org](http://www.tcmhs.org) for more information.

Tri-County Mental Health Services is one of Maine's most respected and progressive agencies dealing with the psychological and social well-being of children, adults, and elders, serving nearly 10,000 individuals each year in Androscoggin, Cumberland, Franklin and Oxford counties and beyond with innovative programs and services addressing mental health, substance abuse, mental retardation/ developmental disabilities, autism, and more. The agency is a state, regional and national leader in trauma-informed and recovery-based service delivery, and strives to offer hope to individuals, families, and communities. Visit [www.tcmhs.org](http://www.tcmhs.org) for more information.

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