

Caring for All of You

Introducing Integrated Primary Care



Join Us for a *free* Dinner and Discussion

Tuesday, March 23

5pm—7pm

Bridgton Community Center

15 Depot Street, Bridgton

Meet the Integrated Care Partners and learn about how we will work together like never before to care for your body and your mind.

Call Jessica Jendrick at 647-6159 to reserve your seat!

We believe that your overall well-being includes emotional, developmental, and physical health. That is why we have partnered with the primary care doctors of Central Maine Medical Group and the Maine Health Access Foundation (MeHAF) to bring our expertise right into the doctor's offices, where we can help care for ALL of you.

- On-site, real time consultation between medical and mental health providers
- Medical education and consultation i.e. medical rounds by psychiatrists on mental health topics
- Brief, short term, solution oriented treatment & intervention
- Expedited intake for ongoing services in the community
- Community education and involvement—FREE Monthly Dinner & Discussion Meetings featuring topics related to health & mental health services and information you can use to stay well.

Services will be available at

- Naples Family Practice
- North Bridgton Family Practice
- Fryeburg Family Medicine
- Bridgton Internal Medicine
 - Bridgton Pediatrics



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