



## News Release

Media Contact: Tina Clark, APR  
Director of Development & Community Relations  
207-783-4663 x 158  
[tclark@tcmhs.org](mailto:tclark@tcmhs.org)  
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### *Integrated Primary Care Model Expands into Four Additional Primary Care Practices*

LEWISTON/AUBURN ME – Tri-County Mental Health Services (TCMHS) is expanding its Integrated Primary Care program into four more primary care practices: Central Maine Internal Medicine, Lewiston; Central Maine Family Practice, Lewiston; Family Health Associates, Auburn; and Central Maine Family Residency.

For more than four years TCMHS clinicians have been working within medical practices affiliated with Central Maine Healthcare in Rumford and Bridgton. These projects have yielded amazing results in patient care, increased access, and supported whole health for hundreds of people. Now the same benefits are available in Lewiston/Auburn. TCMHS' model of integration began with a three-year grant project funded by the Maine Health Access Foundation (MeHAF) and has proven to be both financially sustainable and clinically effective. Becky Boober, Grant Administrator for MeHAF says "Tri-County's model is unique in the nation... in its full integration, continuity of care, and sustainability."

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders. TCMHS serves about 10,000 individuals each year with innovative programs and services addressing mental health, substance abuse, intellectual disabilities, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences gives hope to individuals, families, and communities in Androscoggin, Cumberland, Franklin and Oxford counties. For more information, visit [www.tcmhs.org](http://www.tcmhs.org). or call 1-888-304-HOPE(4673).

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