

***Become a part of the Promise Fund  
Our work is only the beginning...***

*Until everyone who needs help can get it, until our communities are free from pain, violence, poverty, disability, and trauma, there will be more for us to do. New treatment methods and tools are developing all the time, and we are closer than ever to keeping the promise of compassionate, community-based, and cost-effective care for everyone. An anonymous donor has pledged \$5,000 toward an endowment fund to help us keep those promises long into the future. Your donation of \$1,000, either all at once or over time, will help build the Promise Fund.*

*To join this special group, and secure access to quality care in our communities,*

· Donate on-line at [www.tcmhs.org](http://www.tcmhs.org)

· Mail contributions to:  
TCMHS Development Office  
PO Box 2008  
Lewiston, Maine 04241-2008

...Or call Tina Clark, Director of Development,  
207-783-4663 x 158



**TRI-COUNTY**  
**MENTAL HEALTH SERVICES**

Referral line for all locations  
1-888-304-HOPE (4673)

## ***Our Legacy***

More than 20 years ago, our state and many others made the wise, fiscally responsible, and humane decision to move away from institutional care in favor of local care that did not tear families apart, but gave them the help they needed to succeed.

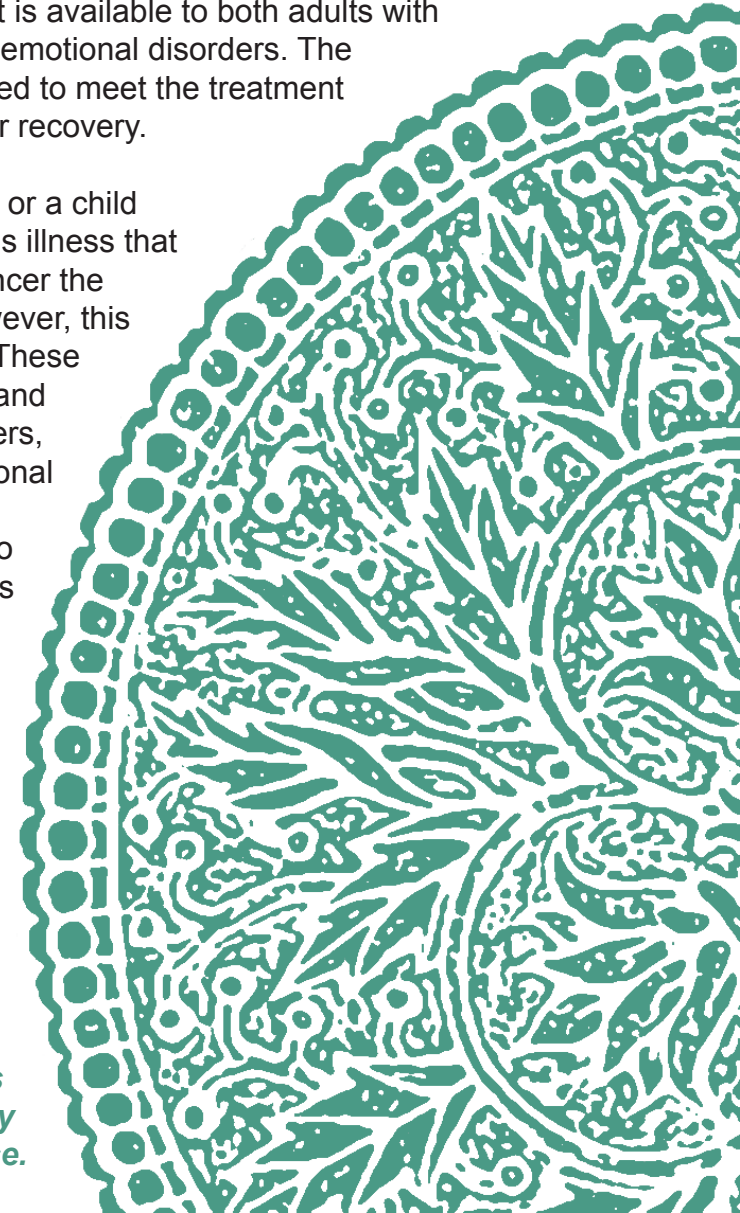
Community mental health is now organized in a similar way to specialty physical health treatment. As one may see a range of professionals to adequately treat cancer, so too adequate treatment for mental illness in adults and children requires a range of professionals. This integrated treatment is available to both adults with mental illness and children with severe emotional disorders. The individual elements have been developed to meet the treatment needs of affected people – all crucial for recovery.

A person diagnosed with schizophrenia or a child diagnosed with Asperger's has a serious illness that needs integrated treatment. As with cancer the starting point may be medications. However, this approach alone will not be successful. These illnesses affect individuals, their family and friends in profound ways. Case managers, therapists, nurses, crisis staff, occupational therapists, psychiatrists, psychologists and peers work together as necessary to ensure treatment in as effective ways as possible.

*Mental Illness is more common  
than cancer, diabetes, or even  
heart disease.*

*About 11,000 Maine people rely on  
TCMHS every year.*

*The need for treatment services is  
growing; calls to our agency  
continue to increase.*



# 60 Years Of Giving Hope... Still Leading The Way To Recovery

It was the first Federally-Qualified Community Mental Health Center in Maine and New England, and 60 years later, Tri-County Mental Health Services continues to be a progressive leader in service delivery as well as a vital link in Maine's healthcare community.

With Maine's most comprehensive menu of services, most advanced evidence-based practices, and a staff of about 500 employees committed to excellence, Tri-County is looking forward to the next 60 years with promise, progress and pride.



Milestones

Catholic Bureau of Social Services Is founded in Lewiston

CBSS merges with AMHS to become Child and Family Health Services

CFHS becomes the first recipient in Maine of federal funds from the Community Mental Health Act

James Costello leads a committee to find a home for the agency

CFHS, Franklin Area Mental Health Clinic and Oxford County Mental Health Services merge to become Tri-County Mental Health Services

Social Learning Center opens at 73 Pine Street

SLC expands to accept first individuals with Mental Retardation and physical support needs

The Respite Program is started

SLC moves to Sabattus Street in Lewiston. Continue to expand with the Pineland Class Action Suit and move back to the community for individuals who were previously institutionalized

Merger with Western Maine counseling expands the network to include Cumberland County

Children's Case Management and Children's Crisis Services begin

Mt David housing program startup

The Franklin Street Group Home, one of Maine's first, opens in Rumford

Crisis services is no longer hospital based and moves to Main Street, Lewiston

TCMHS becomes lead agency in THRIVE Initiative

Social Learning Center consolidates into a new specially designed facility at 80 Strawberry Avenue in Lewiston

Stonybrook housing program startup

First Annual Inspired Voices Event held

Crisis Services move to Bartlett St.

Respite Program expands, moves and is renamed Deer Run

MeHAF awards TCMHS funds for Integrated Primary Care in Rumford. One year later funds a similar program in the Bridgton Reigon

2011 TCMHS celebrates it's 60th year!!

1950

American Medical Association sponsors a conference that develops standards for the treatment of the mentally ill

Mental Health Study Act passed

1960

JFK passes the Community Mental Health Act.

Maine becomes first state to receive federal approval of its plan for community mental health services. Lewiston became the first city

1970

President Carter appoints Commission on Mental Health to study the need for changes in the nations mental health care system

1980

The Mental Health System Act reinvigorates efforts to provide local support to the tens of thousands of individuals who have been dehospitalized

Federal funding decreases but most community mental health centers stay open

1990

The AMHI Consent Decree outlined standards of treatment and rights for individuals who had been institutionalized and promised community based care

The Alcohol, Drug Abuse and Mental Health Admin. Reorganization Act establishes a mental health services block grant for children and adults with mental illness

Pineland closes

2000