

Caring for All of You

Integrated Primary Care

Join us for free dinner and discussion



Tuesday, November 23, 2010:
Self-Inflicted Violence; What You Need To Know
Rich Chammings & TCMHS Staff

Upcoming Topics

December 28, 2010: News from the Domestic Violence Task Force
January 25, 2010: Crisis Response in Your Community— Laurie Cyr-Martel

Bridgton Congregational Church
33 South High Street, Bridgton
Call Jessica Jendrick at 647-6159 to reserve your seat!

(Dinners are held on the 4th Tuesday of every month.)

We believe that your overall well-being includes emotional, developmental, and physical health. That is why we have partnered with the primary care doctors of Central Maine Medical Group and the Maine Health Access Foundation (MeHAF) to bring our expertise right into the doctor's offices, where we can help care for ALL of you.

- On-site, real time consultation between medical and mental health providers
- Medical education and consultation i.e. medical rounds by psychiatrists on mental health topics
- Brief, short term, solution oriented treatment & intervention
- Expedited intake for ongoing services in the community
- Community education and involvement—FREE Monthly Dinner & Discussion Meetings featuring topics related to health & mental health services and information you can use to stay well.

Services are available at

- Naples Family Practice
- North Bridgton Family Practice
- Fryeburg Family Medicine
- Bridgton Internal Medicine
 - Bridgton Pediatrics



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