



Caring for All of You

Integrated Primary Care
FREE DINNER AND DISCUSSION!

Tuesday, September 25
5:30pm

At the Bridgton Hospital Physician's Group Conference Room
Behind Bridgton Hospital (Keep right past the hospital main entrance)

YOGA: The process
Presenter: Amy Figoli, The Yoga House

Call Jessica Jendrick at 647-6159
to reserve your seat!

*Dinners are held on the 4th Tuesday of every month
and catered by Lakes Region Caterers.*

We believe that your overall well-being includes emotional, developmental, and physical health. That is why we have partnered with the primary care doctors of Central Maine Medical Group and the Maine Health Access Foundation (MeHAF) to bring our expertise right into the doctor's offices, where we can help care for ALL of you.

Services are available at

- **Naples Family Practice**
- **North Bridgton Family Practice**
- **Fryeburg Family Medicine**
- **Bridgton Internal Medicine**
- **Bridgton Pediatrics**

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