



For immediate Release

October 12, 2010

In recognition of **Domestic Violence Awareness Month**, there will be a Resource Fair and Panel Discussion on **Wednesday, October 20**, at the American Legion Hall at 24 Congress Street in Rumford. Panelists will be Detective Thomas Harriman, the Oxford County Domestic Violence Investigator, Educators and Advocates from the Abused Women's Advocacy Project (AWAP), Jenni Smith from the Department of Health & Human Services, Chris Copeland, Executive Director and Catherine Ryder, Clinical Director of Tri-County Mental Health Services, and others. There will be information about community efforts to promote safe relationships, what resources are available, and what to expect when you reach out. "It is important for everyone to know there is help and hope for people experiencing domestic violence, and that each of us can make a difference," says Diane Gallagher, AWAP Oxford County Community Educator.

The event is part of the **Dinner and Discussion Series** hosted by Tri-County Mental Health Services, Swift River Health Care, River Valley Internal Medicine, Elsmore Dixfield Center, and Community Dental, as part of their Integrated Primary Care Project. The free dinners are held on the third Wednesday of each month and examine a different topic related to health and well-being. **For information or to register, call 369-1194.** (Integrated Primary Care is funded by the Maine Health Access Foundation).

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