



# TRI-COUNTY MENTAL HEALTH SERVICES

*We offer hope*

Referral Line: 1-888-304-HOPE (4673)  
Statewide Crisis Services: 1-888-568-1112  
TTY: 1-888-568-1112  
MAIL TO: P.O. Box 2008  
Lewiston, ME 04241-2008  
[www.tcmhs.org](http://www.tcmhs.org)

## ADMINISTRATION/ OUTPATIENT LEWISTON

1155 Lisbon Street  
Lewiston, ME 04240  
Main Number 783.9141  
Toll Free: 1.800.787.1155

## EMERGENCY & COMMUNITY BASED SERVICES

230 Bartlett Street  
Lewiston, ME 04240  
Main Number 783.4695  
Toll Free: 1.800.550.3427

## SOCIAL LEARNING CENTER

80 Strawberry Ave  
Lewiston, ME 04240  
Main Number 783.4672  
Toll Free: 1.877.208.6134

## COMMUNITY HOUSING

244 Lisbon Road  
Lisbon, ME 04250  
Main Number 353.4100  
Toll Free: 1.877.200.9076

## BRIDGTON

32 No. High Street  
Bridgton, ME 04009  
Main Number 647.5629  
Toll Free: 1.800.286.5629

## FARMINGTON

144 High Street, Ste 1  
Farmington, ME 04938  
Main Number 778.3556  
Toll Free: 1.800.559.3556

## OXFORD HILLS

143 Pottle Road  
Oxford, ME 04270  
Main Number 743.7911  
Toll Free: 1.800.750.7911

## RUMFORD

49 Congress Street  
Rumford, ME 04276  
Main Number 364.7981  
Toll Free: 1.800.371.7981

## WINDHAM

744 Roosevelt Trail  
No. Windham, ME 04062  
Main Number 892.4623

## News Release

Contact: Tina Clark, APR  
207-783-4663 x 158 or 207-468-4766 (cell)

### TCMHS NAMES NEW EXECUTIVE DIRECTOR

LEWISTON, MAINE – The Board of Directors of Tri-County Mental Health Services is pleased to announce that Catherine Ryder, LCPC, has been selected to lead the agency as Executive Director.

A nineteen year employee of the agency, Catherine has been serving as Interim Executive Director since February. Prior to that she was Director of Clinical Services, and credited with the development of innovative and cost effective services such as Integrated Primary Care.

The announcement follows a four month national search. Board member Chris DeMerchant led the search efforts. “We had a field of tremendous candidates, and it quickly became clear that Catherine has the skills, experience, and vision to lead the agency into the future,” he said. “She has done exceptional work as Interim ED and we know she will continue to be a strong voice for our consumers, our staff, and for the people of Maine.” Board President Peter Letourneau also noted the field of highly qualified candidates. “Catherine is the best of the best, and we are very proud to have her take the reins of TCMHS at this time. She and her executive team are first rate, and will meet the challenges of maintaining our outstanding services to consumers, while continuing to unveil cutting edge mental health services,” he said.

Ryder is a graduate of St. Joseph’s College (BA) and University of Southern Maine (MSED), and has advanced training in a number of clinical areas, including the Certificate Program in Primary Care Behavioral Health at University of Massachusetts Medical School, trauma treatment and veteran’s issues.

Tri-County Mental Health Services is Maine’s most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders, serving more than 11,000 people each year. This year the agency marks its 60<sup>th</sup> year of providing innovative programs and services addressing mental health, substance abuse, mental retardation/developmental disabilities, autism, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences of consumers gives hope to individuals, families, and communities in Androscoggin, Northern Cumberland, Franklin, Oxford and York counties. For more information, visit [www.tcmhs.org](http://www.tcmhs.org) or call 1-888-304-HOPE(4673).

