

**Referral line for all  
locations  
1-888-304-HOPE (4673)**



## Tri-County Mental Health Locations:

### Androscoggin County

1155 Lisbon St.  
PO Box 2008  
Lewiston, ME 04241-2008  
1-800-787-1155/(207)783-9141

### Crisis Services

230 Bartlett St.  
Lewiston, ME 04240  
1-800-550-3427/(207)783-4695

### Franklin County

144 High St., Suite 1  
Farmington, ME 04938  
1-800-559-3556/(207)778-3556

### Cumberland County

32 No. High St./PO Box 170  
Bridgton, ME 04009  
1-800-286-5629/(207)647-5629

### North Windham

744 Roosevelt Trail  
North Windham, ME 04062  
(207)892-4623

### Oxford County

143 Pottle Rd.  
Oxford, ME 04270  
1-800-750-7911/(207)743-7911

### 49 Congress St.

Rumford, ME 04276  
1-800-371-7981/(207)364-7981

## Our Mission

TCMHS is committed to providing the people of Maine with excellence in mental health, substance abuse, habilitation and life skills services, respecting consumer rights, personal dignity and maintaining agency financial stability.

Tri-County Mental Health Services endorses Recovery Based Trauma Informed services, which recognizes two common themes for consumers of this agency: that violence and the resulting trauma are pervasive and should be acknowledged; and there is hope in Recovery.

[www.tcmhs.org](http://www.tcmhs.org)

TCMHS is an EOE and receives funding from:  
the Department of Health & Human Services,  
United Way agencies, individuals, businesses, and  
private funders.



## Community Rehabilitation Services

*Client-centered  
Recovery-oriented  
Trauma-informed*

*Call us to discuss eligibility &  
enrollment.*

**1-888-304-HOPE(4673)**

Or visit [www.tcmhs.org](http://www.tcmhs.org)

## What is CRS?

### *Community Rehabilitation Services*

This new program offers individuals diagnosed with a serious and persistent mental illness a range of clinical and rehabilitation services to support recovery and independent living in the community. The professional team offers skills development, coaching, support and assistance with symptom management supports. We help participants develop their own support networks, enhancing their ability to live independently.

## Who is Eligible?

Services are available to adults diagnosed with a serious and persistent mental illness living in Androscoggin County and nearby communities. It is for people who can benefit from intensive services. \*CRS services reimbursed by MaineCare must be medically necessary.\*

A checklist of referral criteria is available at [www.tcmhs.org](http://www.tcmhs.org)

\*As defined in MaineCare Section 17 regulations

## How does it work?

A team of professionals works together in an integrated and holistic approach, led by a primary case manager from the team.

Services are available 24 hours a day, seven days a week, with guaranteed face to face contact at least once every day.

The team provides education about medications and physical health, to help people stay healthy and independent.

Services are individualized to each person's needs and include combinations of the following:

- § Community Integration Services/Case Management (Section 17)
- § Daily Living Supports
- § Skills Development Services
- § Occupational Therapy

## What we believe

The Tri-County Team is committed to providing the most advanced, coordinated care available. We work together to integrate care across different treatment and support services to meet every person's unique needs. Related services at TCMHS are:

- § Psychiatric Services
- § Day Support Services
- § Specialized Group Services
- § Interpreter Services

We believe in empowerment and independence, and seek to provide the least restrictive level of care that supports recovery. Our approach is trauma-informed and recovery-based. To be "Trauma-informed means to know the history of the past and current trauma in the consumer's life. This allows for more holistic and integrated treatment. Our services are welcoming, appropriate, and avoid retraumatization.

*Call us to discuss eligibility & enrollment.*

*1-888-304-HOPE(4673)*

**60**

*Years of  
Giving*

**Hope**