



Behavioral Health Homes (BHH)

What is Behavioral Health Homes?

Behavioral Health Homes is a MaineCare funded resource that surrounds participants with one team made up of a behavioral health home coordinator, nurse care manager, and peer and family partner. The team is equipped with the resources to meet each participants' health as well as behavioral health needs. The BHH team also has access to medical and psychiatric consultation. This wrap-around model of care facilitates participants' activation in their healthcare.

BHH is a resource for **MaineCare** participants who have chronic behavioral health needs (including children with severe emotional disturbance), chronic behavioral health needs that are complicated by their physical health needs. **This wrap around, community based service promotes wellness in all aspects of participants' lives.**

What are the goals of Behavioral Health Homes?

- To improve whole health, wellness, and community functioning of participants
- To improve health outcomes related to managing chronic medical conditions
- To enhance care and participants' experience of care

Referral Line:

1-888-304-HOPE (4673)

SAME DAY SERVICE AVAILABLE

BHH Team: Roles

Behavioral Health Home Coordinator: This person supports participants and providers in developing and implementing a care plan designed to improve the participant's health and wellness and reach their full potential.

Nurse Care Manager: Develops and enhances collaborative relationships with healthcare providers and community supports. The nurse care manager also provides ongoing education and support related to illness, hygiene, and safety.

Peer and Family Partner: Facilitates activation by supporting and motivating participants and their families to be active in their care. Using a coaching model, peers help build on unique strengths and needs identified in the planning process.

Medical and Psychiatric Consultant: Supports participants and their primary care physician in making significant medical and psychiatric changes to participants' current regimen.

BHH Team: Responsibilities

- Meet with participants and provides services in the home & community
- Monitors medications to ensure that they are working & prescriptions are filled on time
- Help participants engage in their medical care
- Assist with coordinating the resources needed
- Provide support to participants during and after their appointments
- Divert and prevent emergency visits by following up regularly, providing education, reaching out, and answering questions
- Offer groups that are facilitated and focused around medical issues and are open to families
- Offer case management services such as helping with housing, basic needs, assisted living, social security, vocational/educational resources, daily living coaching, budgeting, and community support.