

**Referral Line for all locations:
1-888-304-HOPE (4673)**

Clinic Locations:

Lewiston
230 Bartlett Street
Lewiston, ME 04240
(207)783-4695
or 1-888-304-HOPE (4673)
Fax: (207)786-7424

Farmington
144 High St., Suite 1
Farmington, ME 04938
(207)778-3556 or 1-800-559-3556
Fax: (207)778-3558

Rumford
49 Congress St.
Rumford, ME 04276
(207)364-7981 or 1-800-371-7981
Fax: (207)364-7983

Oxford Hills
143 Pottle Hill Rd.
Oxford, ME 04270
(207)743-7911 or 1-800-750-7911
Fax: (207)743-7913

Bridgton
32 North High St.
PO Box 170
Bridgton, ME 04009
(207)647-5629 or 1-800-286-5629
Fax: (207)647-5620

North Windham
744 Roosevelt Trail
No. Windham, ME 04062
(207)892-4623

Our Mission

TCMHS is committed to providing the people of Maine with excellence in mental health, substance abuse, habilitation and life skills services, respecting consumer rights, personal dignity and maintaining agency financial stability.

Tri-County Mental Health Services endorses Recovery Based Trauma Informed services, which recognizes two common themes for consumers of this agency: that violence and the resulting trauma are pervasive and should be acknowledged; and there is hope in Recovery.

www.tcmhs.org

TCMHS is an EOE and receives funding from:
Department of Health & Human Services



**ACT Team
Assertive Community
Treatment for Adults**

Androscoggin County

**Agency Wide Referral Line
1-888-304-HOPE(4673)**

Visit us on-line at
www.tcmhs.org

We offer hope

What is the ACT Team?

The Assertive Community Treatment (ACT) team is a 24-hour, seven days per week service provided by a multi-disciplinary team to adults who require intensive counseling, case management, medication management, substance abuse counseling and employment support

Treatment Services

The ACT team includes a psychiatrist, psychiatric nurses, licensed Master's level clinicians, case managers, substance abuse counselors, & employment support specialists. The team provides:

- Intensive community outreach
- Assessment and treatment planning
- 24 Hour On-call Support
- Individual counseling
- Family education
- Case management services
- Medication management services
- Substance abuse treatment
- Vocational Rehabilitation Counseling & Support

2.17.2009

Eligibility

Adults are eligible for ACT services if they have the following:

- Diagnosis of Major Mental Illness
- Repeated psychiatric hospitalization, crisis contacts, or frequent contacts with law enforcement
- Difficulty engaging with current providers
- MaineCare Coverage

For more information about ACT:

Kelley Landry, LCSW
ACT Team Leader
230 Bartlett Street
PO Box 2008
Lewiston, ME 04241-2008
783-4692

Agency Wide Referral Line

1-888-304-HOPE (4673)

Or visit www.tcmhs.org

**Statewide
24-hour Emergency
Services:**

1-888-568-1112
(toll free & TTY)

Other Services for Adults

We believe there are many tools for building a recovery program, and we offer many programs to meet your unique needs. .

Mobile Crisis Services 783-4680

Community Integration (Case Management)
Out-patient Counseling, including Psychiatric assessment and treatment (medication management)

Substance Abuse Services, including Drug Court and DSAT(Differential Substance Abuse Treatment)

Employee Assistance Programs for the workplace

Specialized Group Services (Day Supports, BT, Preparing for change)

Services for Elders

Deer Run Short-term Residential Stabilization
Residential Services

Social Learning Center Day Services for individuals with intellectual disabilities.

Our approach is trauma-informed and recovery-based. To be “trauma informed” means to know the history of the past and current trauma in the life of the consumer with whom one is working. This allows for more holistic and integrated treatment. Services must be “welcoming” and “appropriate” to produce successful outcomes.