

**FOR IMMEDIATE RELEASE**

Marcella Bernard – Director of Development &  
Community Relations  
207-783-9141

6/3/2015

### **Tri-County Mental Health Services Receives Grant for Survivors of Torture Program**

**Lewiston, ME** – Tri-County Mental Health Services recently received a \$7,500 grant from the People of Color Fund of the Maine Community Foundation to support TCMHS' Minds & Hearts in Harmony Program, benefiting survivors of torture. Specifically, this grant will provide interpreter services for people participating in the program. Minds & Hearts in Harmony currently enrolls 26 individuals from 9 nations, and interpreter services are essential to ensure the success of the work being.

“With the help of our skilled interpreters, we are able to build trust with our clients so that they, in turn, are empowered to move safely through the stages of trauma recovery toward the creation of healthy, productive lives in Maine.” says David Alan Harris, Clinician with the Minds & Hearts in Harmony Program.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders, serving about 8,500 individuals each year. The agency offers innovative programs and services addressing mental health, substance abuse, intellectual disabilities, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences gives hope to individuals, families, and TCMHS communities. Despite its name, TCMHS reaches far beyond its traditional service area (Androscoggin, Franklin and Oxford) with services in Cumberland and York Counties and beyond. For more information, visit [www.tcmhs.org](http://www.tcmhs.org).

###